

**Sharon M. Dillinger, PhD, LMHC**  
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**Tacoma, WA 98444**

**Psychotherapy Services**

**tel: 253.548.8824**  
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Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

I hereby authorize Sharon M. Dillinger, PhD to:

- EXCHANGE information with:
- RELEASE my records to:
- REQUEST my records from:

Person/Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Please check all records that you would like exchanged, released or requested.

<input type="checkbox"/> Entire Medical File	<input type="checkbox"/> Academic Records/Classroom Reports
<input type="checkbox"/> Hospital Admission/Discharge Reports	<input type="checkbox"/> Medication Records
<input type="checkbox"/> Progress Notes (dates _____)	<input type="checkbox"/> Laboratory/Medical Test Results
<input type="checkbox"/> Psychological Testing Reports	<input type="checkbox"/> Probation/Parole Records
<input type="checkbox"/> Psychological Testing Raw Data	<input type="checkbox"/> Other: _____

If desired, provide additional information about this request.

\_\_\_\_\_  
\_\_\_\_\_

Disclosure is for CONTINUITY OF CARE unless otherwise specified below.

\_\_\_\_\_

#### Specific Authorizations

I understand that my records may contain information regarding mental health diagnosis and treatment, drug and/or alcohol abuse, the testing, diagnosis, or treatment of HIV/AIDS and/or sexually transmitted diseases. I give my specific authorization for these protected records to be released. Any of these records that I do not want released are listed below.

\_\_\_\_\_  
You have a right to revoke this authorization in writing at any time by providing such written notification to Sharon M. Dillinger, Ph.D. However, your revocation cannot be retroactive if action has already been taken on the authorization prior to your revocation or if this authorization was obtained as a condition of obtaining insurance coverage and the insurer has the legal right to contest the claim. I understand that neither Sharon M. Dillinger, PhD, my health plan, or other covered entity may condition treatment, payment, enrollment or eligibility of benefits upon my signing this authorization for release of information. I understand that information used or disclosed pursuant to this authorization may be subject to re-disclosure by the recipient of this information and no longer protected by the HIPPA privacy rule. This release shall remain in effect for 90 days from the date of signature unless otherwise specified: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Witness: \_\_\_\_\_

Date: \_\_\_\_\_